

Multidisciplinary approach in the diagnosis of the oral breathing

Abstract

Mouth breathing is characterized by an obstruction of the upper airway that leads the patient to the habit of breathing through the mouth. As a result, there is a postural adjustment, which is followed by changes in dental arches and then the facial growth, infections and poor brain oxygenation. The purpose of this paper was to present aspects related to the diagnosis of mouth breathing and the skills of a multidisciplinary team, with a focus on dentistry / orthodontics. The literature review was made in reviews and articles published between 1936-2015, books and electronic sites Lilacs, SciELO, Cochrane, Medline, Pubmed and Bireme. It was concluded that it is a multifactorial syndrome and for the successful diagnosis, it is necessary the interaction and proceeding of professionals specialized in different areas, therefore the great interest of the medical, dental and speech areas.

Descriptors: Nasal obstruction. Dentofacial deformities. Growth and development. Craniofacial abnormalities. Respiratory system abnormalities.

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