

Oral Health Characteristics of Visually Impaired: Literature Review

Abstract

The visual impairment is an irreversible condition that is characterized by the by decreased visual response, which causes learning disabilities and the lack of adequate oral hygiene. The aim of the present study was to conduct a literature review on the BVS, Bireme and Scielo databases regarding the oral hygiene habits and the most common pathologies present among the visually impaired. After analysis of the selected articles, it was observed that most of the individuals in question does not perform proper brushing and have scarce knowledge about oral health and the daily practices of oral hygiene, which resulted in a prevalence of periodontal disease, tooth decay and tooth loss, being the involvement of blind individuals increased in relation to the partially blind. The results obtained indicate that there is a need of guidance on oral health and the dental hygiene plays an important role in population of visually impaired people, and they require special assistance in learning the use of brush and floss, noting that despite the low skill, it is possible to this population to know and use appropriate techniques for oral hygiene.

Descriptors: Vision Disorders. Oral Health. Periodontal Diseases.

Malheiros VS, Miranda AF. Alterações bucais no idoso: Breves orientações. R Odontol Planal Cent. 2016 Jan-Jun;6(1):11-7.